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# STARTERS

<b>Grilled Mackerel</b>	€12.00
potato & caper salad, toasted sourdough Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide	
<b>House Smoked BBQ Chicken Wings</b>	€11.00/€15.00
spiced jerk mayonnaise, celery sticks Contains: celery, eggs, wheat, mustard, sesame, soya	
<b>Seafood Chowder</b>	€11.00
salmon, cod, mussels, cockles, home-made brown bread Contains: wheat, celery, milk, mollusc, fish	
<b>Mespil Scotch Egg</b>	€9.00
pork mince, mustard mayo, pickled vegetable salad Contains: wheat, eggs, milk, mustard, sulphur dioxide	
<b>Goat's Cheese Bruschetta (V)</b>	€9.00
sourdough, cherry tomato, beetroot, cress Contains: wheat, milk	
<b>Soup of the Day (V)(VE)</b>	€7.00
home-made brown bread Contains: milk, wheat, celery	
<b>Mespil Tasting Board (for 2 sharing)</b>	€29.00
mackerel, smoked wings, scotch egg, beef croquette Contains: wheat, celery, milk, eggs, mustard, sesame, fish, sulphur dioxide, soya	

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# SALADS

**Mespil Caesar Salad** €15.00

baby gem lettuce, sourdough croutons, bacon, parmesan dressing

*add warm grilled chicken €6.00*

*Contains: wheat, eggs, milk, mustard, sulphur dioxide, nuts*

**Quinoa Salad (V)** €15.00

spiced chickpea, beetroot, cumin roasted cauliflower, baby spinach

*add warm grilled chicken €6.00*

*Contains: mustard, sulphur dioxide, sesame*

**Pearl Cous-Cous Salad (V)(VE)** €15.00

sundried tomato, chargrilled vegetables, almonds, mixed leaves

*add warm grilled chicken €6.00*

*Contains: almonds, sulphur dioxide, mustard, wheat*

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# SANDWICHES

*Served until 5:00pm*

**Mespil Ploughman's Toastie** €14.00

baked ham, smoked cheddar, gherkin, red onion relish

*Contains: wheat, milk, mustard, sulphur dioxide*

**Roast Nduja Chicken Ciabatta** €15.00

confit garlic aioli, rocket leaves

*Contains: wheat, eggs, milk, mustard, sulphur dioxide*

**Tuna Mayonnaise** €14.00

pickled sweetcorn, red onion, toasted tomato & fennel bread

*Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide*

**Chargrilled Vegetable Wrap (V)** €14.00

peppers, courgettes, aubergine, beetroot hummus, crispy chickpeas

*Contains: wheat, sesame, mustard, sulphur dioxide*

**All sandwiches served with chips or soup & mixed leaf salad**

**All our beef & chicken is 100% Irish & locally sourced**

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# MAINS

<b>10oz Sirloin Steak</b>	€36.00
beef croquette, roast tomato, skinny fries choice of peppercorn sauce or garlic butter Contains: wheat, eggs, celery, milk, mustard, sulphur dioxide	
<b>7oz Beef Fillet</b>	€41.00
beef croquette, roast tomato, skinny fries choice of peppercorn sauce or garlic butter Contains: wheat, eggs, celery, milk, mustard, sulphur dioxide	
<b>Braised Lamb Shoulder</b>	€26.50
pearl cous-cous, rainbow carrots, mint, lamb jus Contains: celery, sulphur dioxide, milk	
<b>Pan-fried Sea Bream</b>	€21.00
potato, mussels, samphire, light curry cream sauce, tenderstem broccoli Contains: Celery, milk, mustard, Sulphur Dioxide, fish, mollusc	
<b>Fillet of Salmon</b>	€22.00
crushed potatoes, chorizo, peas, asparagus Contains: milk, fish, sulphur dioxide	
<b>Grilled Beef Burger</b>	€21.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard	
<b>Tempura Battered Cod</b>	€21.00
crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide	
<b>Amritsari Chicken Curry</b>	€20.00
basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide	
<b>Peri-Peri Chicken Burger</b>	€19.00
baby gem lettuce, tomato, spicy mayonnaise, crispy onion Contains: wheat, milk, mustard, egg, sesame	
<b>Aloo Gobhi Chana Masala (V)</b>	€18.00
basmati rice, charred poppadom, mango chutney, pickled red onion Contains: sulphur dioxide, mustard	
<b>Pasta of the Day (V)</b>	€17.00
For Allergens, Please Ask Your Server	

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# PIZZAS & SIDES

## PIZZAS

- Pepperoni** €16.50  
pepperoni & mozzarella  
Contains: wheat, milk, soya
- BBQ Chicken** €16.50  
nduja roast chicken, red onion, mozzarella cheese,  
garlic mayonnaise  
Contains: wheat, milk, soya, mustard, eggs
- Margherita (V)** €16.00  
tomato, basil & mozzarella  
Contains: wheat, milk, soya
- Vegetarian (V)** €16.00  
tomato sauce, chargrilled vegetables, cherry  
tomato, mozzarella  
Contains: wheat, milk, soya

## SIDES

- Skinny Fries (V)** €5.50  
Contains: wheat
- Creamy Mash Potato (V)** €5.50  
Contains: milk
- Sweet Potato Fries (V)** €7.00  
Contains: wheat
- Quinoa Salad (V)** €5.50  
sundried tomatoes, baby spinach  
Contains: mustard, sulphur dioxide
- Tender Stem Broccoli & Cauliflower (V)** €5.00  
Contains: milk

## DESSERTS

- Sticky Toffee Pudding (V)** €9.00  
toffee sauce, gingerbread ice-cream  
Contains: wheat, eggs, milk
- Mespil Mess (V)** €9.00  
pavlova, mixed berry cream, white chocolate ice-cream  
Contains: wheat, eggs, milk
- Passion Fruit Tart (V)** €9.00  
lemon curd, raspberries  
Contains: wheat, eggs, milk
- Selection of Ice-cream (V)** €7.50  
wafer basket & chocolate sauce  
Contains: wheat, eggs, milk
- Selection of Cheese (V)** €13.00  
wicklow brie, young buck blue, dubliner cheddar  
Contains: wheat, celery, milk, mustard, sulphur dioxide